

# Sustainability Impact Summary



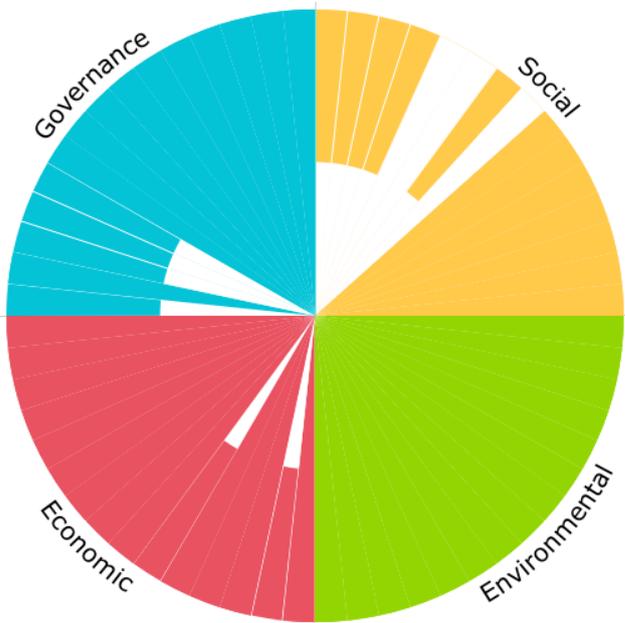
## WHO WE ARE

**Name:** Be Enriched  
**Location:** London

## GOALS AND ACTIVITIES

**Goals:** We aim to foster better relationships in local communities, reducing stigma and exclusion.  
**Activities:** Shared Cooking/Eating, Redistribution, Educational

## OUR IMPACT AREAS



### Our key areas of significant impact are

- Increased access to and consumption of fresh food
- Connecting and creating new support networks within communities
- Increasing well-being through volunteering



Indicator where we have reported our impact



Indicator where we are having a significant impact

## SPECIFIC IMPACTS INCLUDE



**3092**

participants showed increased appreciation of other groups in their community



**15460**

portions of fruit & vegetables distributed to participants



**100**

of our employees are paid >10% more than minimum wage



## WHY WE SHARE FOOD

- 1 The UK produces 6.6 million tonnes of household food waste a year (figures from WRAP), with around 30% of all food purchased wasted.
- 2 London is the loneliness capital of Europe
- 3 8.4 million adults are at risk of food poverty everyday in the UK



## BENEFITS FROM SHARING: OUR SHARESTARS

Food sharing can create multiple positive benefits from fostering social cohesion to reducing food waste. A summary of the areas where we benefits are shown in the graphic below based on the number of stars in each category.





## SHARING IMPACT STORIES

### Story 1

Our events are effective means to altering people's perceptions of who is homeless and why

### Story 2

One of our former employees set up the Haslemere Kitchen, this follows our community canteen model. Haslemere was the first community cooking project in that area.

### Story 3

Part of the Canteens project relates specifically to befriending and sharing experiences. In our annual survey socialising was given as top reason for people to attend and volunteer at our events. Be Enriched is a people focused food project.



## HOW WE CONTRIBUTE TO THE UN SUSTAINABLE DEVELOPMENT GOALS

